

Nutrition & Herbal Support Guide For Canine Cancer



*"Saving one dog will not change the world, but surely for that one dog,
the world will change forever"* Karen Davison



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DOGHERBALISM.COM

RESOURCES FOR CANINE CANCER SUPPORT

[Immunity Mushroom Complex](#)

- [High In Beta Glucans](#)
- [Anti-Cancer Properties](#)
- [7 Mushroom Blend](#)

TURKEY TAIL EXTRACT

Contains both prebiotics to enhance gut health and antioxidants help inhibit or reduce damage caused by oxidative stress. Turkey Tail is also showing promise fighting cancer.

CHAGA EXTRACT

Helps regulate the production of cytokines, which can strengthen the immune system's means of communication.

CORDYCEPS EXTRACT

Shown to help neutralize free radicals, which can otherwise contribute to disease and aging.

PELLINUS EXTRACT

Shown to activate the response of T cells which are primarily responsible for killing foreign bodies while also activating other immune cells.

MAITAKE EXTRACT

Boosts production of lymphokines (protein mediators) and interleukins (secreted proteins) that improve your immune response.

REISHI EXTRACT

Helps reduce chronic fatigue, largely due to the mushrooms' ability to boost the immune system and fight free radical damage.

SHIITAKE EXTRACT

Protects against cell damage, help regulate the immune system, and boosts white blood cell production for fighting off microbes.

VITAMIN C

Helps encourage the production of white blood cells, which help protect the body against infection while also protecting them from free radicals.

BEEF LIVER

While largely included in our products to provide mouth-watering flavor for our dogs, it's also a great source of B vitamins.

Tested free of pesticides, microbials, mycotoxins, and heavy metals.

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RESOURCES FOR CANINE CANCER SUPPORT

Balanced Gut Probiotics

- Relieves Stomach Issues
- Enhances Immune System
- Soothes Allergies

Active Ingredients:

5 **Billion CFUs** of healthy bacteria that your dog needs to be at the top of their game. **Ingredients:** Bifidobacterium bifidum (dried), Streptococcus thermophilus (dried), Lactobacillus acidophilus (dried), Lactobacillus plantarum (dried), Lactobacillus casei (dried), Lactobacillus bulgaricus (dried), Enterococcus faecium (dried), Bifidobacterium infantis (dried)

Inactive Ingredients: Desiccated Beef Liver

Canine Cancer Support Bundle

Each bundle includes 1 30ml bottle of dog **CBD/RSO Tincture** (1,000mg, 3,000mg, 10,000mg) **Plus: Immunity Mushroom Complex, Recover & Hydration (Electrolyte), Balanced Gut Probiotics, & Pumpkin Power**

Tested free of pesticides, microbials, mycotoxins, and heavy metals.

Full Spectrum CBD RSO Oil 10,000mg

RSO Full-Spectrum Extract, both pesticide and solvent-free, hemp-derived CBD oil. Meaning the entire cannabis plant is used to provide a wide range of organic plant compounds, like cannabinoids, flavonoids, and other phytonutrients. These compounds work synergistically with Cannabidiol, stimulating what is called the Entourage Effect. THC is present in trace amounts, always less than 0.3%. **30ml bottle approximately 333mg CBD RSO per dose**

Tested free of pesticides, microbials, mycotoxins, and heavy metals. We use organic MCT (coconut) oil as a carrier and wild Alaskan salmon oil for flavor along with anti-cancer terpenes.

Full Spectrum CBD RSO Oil 3,000mg

30ml bottle approximately 100mg CBD RSO per dose

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RESOURCES FOR CANINE CANCER SUPPORT

[Pumpkin Power](#)

Digestive Health: Pumpkin is rich in fiber, which can help regulate digestion in dogs. It can be particularly helpful in cases of constipation or diarrhea. The soluble fiber in pumpkin helps absorb excess water in the digestive tract, which can alleviate diarrhea, while the insoluble fiber adds bulk to the stool, aiding in cases of constipation.

Weight Management: The high fiber content in pumpkin can also help dogs feel full without consuming too many calories, which can aid in weight management or weight loss.

Nutrient Boost: Pumpkin is a good source of vitamins A, C, and E, as well as potassium and iron. These nutrients can support overall health and well-being in dogs.

Urinary Health: Some sources suggest that the antioxidants and nutrients in pumpkin may help support urinary health in dogs, potentially reducing the risk of urinary tract infections.

Skin and Coat Health: The vitamins and nutrients in pumpkin can contribute to healthy skin and a shiny coat in dogs.

When using pumpkin powder for dogs, it's essential to ensure that it is pure and free from any additives or preservatives that could be harmful to your pet.

Tested free of pesticides, microbials, mycotoxins, and heavy metals.

Consultations with Jan Peterson

Looking for additional support in your dog's holistic treatment in cancer?

[30 Minute Consultation](#)

[45 Minute Consultation](#)

[4 Week Consultation](#)

Dog Herbalist & Nutritionist Jan Peterson

"Saving one dog will not change the world, but surely for that one dog, the world will change forever"

Karen Davison



I love this quote because every dog's life is valuable not only to that dog, but to his parents/owners and even community. Where does a dog not go that he or she doesn't bring inner joy and a smile to someone?!

Every dog is an individual just as people are. They have their own temperament, predisposition towards disease and **also** health. Healing and health are a normal state while disease is an abnormal state, where the body is out of balance. The key is to bring your dog's body back into a state of balance and health. Cancer is a scary diagnosis. Most people equate it with imminent death. I have always been a glass half full person and believe in the power of love and hope in healing, regardless of the outcome. We are all going to die, the question is when and what quality of life we have up until our departure time. The same is true for your dog.

I hope you will find this introductory guide a good starting point toward's the possibility of healing your dog's cancer. Your attitude is important in the healing process. Energetically they can sense your emotional state. Positive emotional states like love, hope and faith go along way for your dog and for you.

If you need additional support, I offer consultations guiding you in holistic canine cancer education & protocols.

THE PLAN

Making A Plan For Your Dog's Health

There is power and purpose in making a plan designed specifically for your dog. When it comes to cancer prevention or support & healing in a cancer diagnosis, formulating a plan gives you a daily map towards wellness.

Just take a moment and breathe... get centered and calm. Cancer does not appear overnight and throwing everything at cancer is not a plan.

You know your dog better than anyone else. You know when they are feeling good and have energy to play. You also know when something is off, when they are lethargic and don't want to eat or drink water. While dog's can't talk, they give us clues to their health in the brightness of their eyes, the quality of their fur coat, their breath, appetite, energy level, color of urine and quality of their stools.

Read through this guide I have created for you. This is a great starting place on the road to supporting and hopefully healing your dog's cancer. There is always hope.

I would suggest you get a small notebook or journal to write down your plan, and add in daily updates to note what is and is not working. It will also help you keep on track and monitor progress or areas that need adjusting. Remember to date each journal entry. Also, take note of when and in what fashion they act more like themselves. For instance, it could be as dramatic as the return of a facet of their personality or as subtle as they wanted to walk a little further.

CANCER PREVENTION & SUPPORT

WHOLE FOODS FOR WHOLE HEALTH

“Let food be thy medicine and medicine be thy food” Hippocrates

If your dog's diet is 100% kibble, consider adding fresh, whole foods in addition. By this I mean gently cooked/steamed vegetables like broccoli, chopped kale, cauliflower, brussel sprouts, carrots. For meats, choose organic lean meats like baked chicken tenders, cooked ground bison or steamed fresh fish such as salmon.

Weening from kibble is also a worthy consideration. Kibble is heated twice to 400 degrees F, and honestly, nutrients are significantly diminished if not eliminated after this cooking process. Also, in processed bags of dog foods, research has shown that mycotoxins, heavy metals and 'forever chemicals' are prevalent.

If you are up for feeding your dog fresh whole foods, take a rainy day and dedicate it to your dog's health. You can steam up a mix of fresh chopped vegetables in chicken bone broth. Kettle & Fire has both chicken and beef bone broth. (Whichever bone broth you choose, just make sure to read the ingredients for purity and salt content. Low to no added salt is best.) Once they are cooled, you can divide them up into 2-3 day servings and freeze.

For meats, look for organic, lean meats. Chicken tenders can be baked til just done and then chopped or shredded. Ground bison can be sauteed and fresh salmon can be baked or steamed. Grass fed meats and fatty fish provide nutritious proteins for your dog, in addition to Omega 3's.

CLEAN DRINKING WATER & HYDRATION

“Water is life, and clean water means health” Hepburn

Tap water is not good, clean drinking water. Over 300+ toxins have been found in tap water across the United States. Fluoride has been linked to all kinds of health risks in humans and dogs, and much research has been done in this area. Bone cancer is just one of the *many* health risks.

Good, clean drinking water is essential to our health as well as our dog's health. Your dog's body mass contains up to 75% water. Good hydration is needed to lubricate joints, detoxify the body and, as a primary element in blood, transport oxygen throughout tissues. Water is also necessary for your proper immune function, digestion and temperature control.

Whether you have filtered tap water or reverse osmosis, consider getting your water checked, then you will know what you're trying to eliminate. In most cases minerals and nutrients will be removed so it's important to add those back into your dog's diet.

When traveling with your dog avoid using plastic bottles. You can safely carry good clean drinking water in glass bottles.

Also, consider the type of bowl you are using for your water. Again, avoid plastic. Ceramic, Pyrex glass and 18 gauge Stainless bowls are much better options. Remember to clean them daily to remove any harmful bacteria.

Lastly remember that good hydration is essential in removing toxins from the body. Your dogs urine should be clear. If they are not big drinkers, you can add water or bone broth to their food.

ENVIRONMENTAL TOXINS

Environmental toxins can be found both inside and outside the home. Inside environmental toxins include household cleaners, rugs, fabrics, bug sprays, radon, smoking et al. Outside environmental toxins include commercial fertilizers, weed killers, bug killers, et al. Try and eliminate as many toxins as you can.

Partial List of Toxins:

Processed Foods

Plastics

Roundup

Tap Water

Cheap Dog Beds

Hormones in Cheap Cuts of Meat

Sprays on Vegetables

Laundry Detergents

Fabric Softeners

Drier Sheets

Pesticides

Herbicides

Commercial Household Cleaners

Tobacco Smoke

Molds

Synthetic Blankets

Antibiotics

Heavy Metals

VOC's

Insecticides

Coco Bean Mulch

Deodorizers and Sprays

HOLISTIC CANCER PREVENTION & SUPPORT

Mushrooms- Key Compound are Beta-Glucans

Mushrooms like Turkey Tail, Chaga, Shiitake, Reishi and others can help stimulate your dogs immune system, and thereby encourage apoptosis, cancer cell death. You want to look for supplements that are high in Beta-Glucans *and* that have been tested for heavy metals.

Essential FATTY Acids- Particularly Omega 3's

Omega-3's reduce inflammation, enhance cellular health, and support the immune system in combating cancer-related processes.

Fatty fish such as salmon, sardines & mackerel are a great source of Omega-3's. Also, fresh ground flax seed, hemp seeds and green lipped mussel oils have Omega-3's.

Super Power Antioxidants

• Carotenoids

Broccoli, Carrots, Kale, Sweet Potatoes, Winter Squashes, Bell Peppers, Yams, Collards, Spinach, Cantaloupe, Asparagus, Pumpkin, Cabbage, Bok Choy.

• Flavonoids

Kale, Apples, Berries, Parsley, Bell Peppers, Bananas, Broccoli

• Polyphenols

Blueberries, Plums, Cherries, Apples, Strawberries, Black Currants, Turmeric, Ginger

HERBS FOR CANCER PREVENTION & SUPPORT

While not a complete list, here are a few herbs that are high in antioxidants, are anti-inflammatory, and immune-supporting. They can help with cancer prevention and can be therapeutic in cancer recovery.

Again, make a plan and choose a few herbs to start with (in small doses) and see how your dog does with them. Adding in finely chopped parsley to your dog's meal is an excellent place to start. Flat leaf Italian parsley would be my recommendation and you can find it in almost any grocery store.

- Chamomile (*Matricaria chamomilla*)
- Parsley (*Petroselinum crispum*)
- Green Tea (*Camellia sinensis*)
- Ginkgo (*Ginkgo biloba*)
- Milk Thistle (*Silybum marianum*)
- Lemon Balm (*Melissa officinalis*)
- Hawthorn (*Crataegus* spp.)
- Rooibos (*Aspalathus linearis*)
- Holy Basil (*Ocimum sanctum*)
- Dandelion (*Taraxacum officinale*)
- Elderberry (*Sambucus nigra*)
- Red Clover (*Trifolium pratense*)
- Bilberry (*Vaccinium myrtillus*)
- Ginger (*Zingiber officinale*)
- Cilantro (*Coriandrum sativum*)
- Basil (*Ocimum basilicum*)
- Fennel (*Foeniculum vulgare*)
- Turmeric (*Curcuma longa*)

THE POWER OF HEMP IN HEALING

There are thousands of CBD companies out there, to the point that it is completely overwhelming and confusing for the average consumer. There is also a lot of mis-information about CBD lurking about the internet which only adds to the confusion.

You want to look for Full Spectrum CBD. You also want to look for a formula that is created specifically to combat cancer, and that has been tested for heavy metals and pesticides. And, finally you want to consider the proper dose you need for your dog. When you purchase a bottle that has 1,000mg of CBD that means you have a 30 day supply of 33mg doses. If you purchase a bottle that has 10,000mg of CBD that means you have a 30 day supply of 333mg doses.

BeCanine.com offers a CBD RSO Full-Spectrum Extract, both pesticide and solvent-free, hemp-derived CBD oil. Meaning the entire cannabis plant is used to provide a wide range of organic plant compounds, like cannabinoids, flavonoids, and other phytonutrients. These compounds work synergistically with Cannabidiol, stimulating what is called the Entourage Effect. THC is present in trace amounts, always less than 0.3%. Tested free of pesticides, microbials, mycotoxins, and heavy metals. They use organic MCT (coconut) oil as a carrier and wild Alaskan salmon oil for flavor along with anti-cancer terpenes. * Please note that it is impossible to know if your dog's cancer has spread so keep in mind that this is an option to consider but there is no guarantee.

The best way to administer a dose of the Full Spectrum CBD is on the gum line so it goes directly into their bloodstream. This is the most effective and cost efficient.

BAILIE'S STORY- HEALING FROM ORAL MELANOMA

From March 2024-August 2024, Bailie a 13 year old Irish Wheaton Terrier who was once energetic, playful, loved his beach walks & runs became listless and almost lifeless. His appetite decreased significantly, his hearing diminished greatly, an eye infection appeared and his stools were loose. After numerous tests which all came back normal, his Mom took him in for perhaps an abscessed tooth. On September 6th 2024, the veterinarian discovered a large Oral Melanoma in the back of his mouth. Stage 4 cancer. Mom was devastated.



Soon after his diagnosis, Jan Peterson a certified canine herbalist and nutritionist, discovered BeCanine's CBD RSO Cancer Support Formula. She knew that using the whole hemp plant would make a difference (full spectrum) as opposed to a CBD isolate. They also do 3rd party testing for toxins, heavy metals and pesticides to make sure it is safe for your dog, and affirm that the dosage meets or exceeds what is on the label. Jan recommended the 10,000mg (per bottle) CBD RSO for Bailie as she knew he needed intense immune support as well as the most potent cancer fighting ingredients to help against this aggressive cancer.

To witness a near miracle is life changing for both Bailie's Mom and for herbalist & nutritionist Jan Peterson! Melanomas often spread to other parts of the body so there was hope to keep him comfortable and perhaps see some improvements. In the first week there wasn't much change but day-to-day thereafter has been incredible. Each day saw small improvements that have now added up to significant changes! What was a heart-breaking diagnosis is now turning into a possibility of recovery, and quality of life for Bailie.

THE POWER OF A HEALTHY GUT IN HEALING

Prebiotics & Probiotics

Good Gut, Good Health

“All disease begins in the gut” Hippocrates

Together, prebiotics and probiotics, ensure a well-balanced, peaceful environment in the gut by promoting growth of the ‘friendly’ bacteria your dog needs to help digest food, absorb nutrients, prevent disease and maintain a healthy immune system.

Prebiotics are carbohydrate compounds that, unlike probiotics, aren’t digestible by your dog’s body - but actually act as food sources for the good bacteria already present. By supporting the growth of good bacteria, prebiotics help suppress the harmful microbes that make your dog ill, boosting their immunity and overall digestive health. Prebiotics for dogs can either be fed in supplement form, or via prebiotic-rich natural foods such as chicory root, or dandelion greens.

Probiotics are digestible, ‘good’ bacteria that help balance the flora of your dog’s gut. Dogs have plenty of probiotics already present in their body, but can often benefit from more. ‘Live’ yogurt is a prime example of a natural probiotics source, but vegetables such as carrots or asparagus are also packed with probiotic goodness.

Most dog owners find supplementation easiest. When it comes to cancer, probiotics help strengthen the immune systems and formation of T Cells. They also prevent “leaky gut” issues and ensure proper digestion and nutrient absorption vital for overall health. See resources at the beginning of this guide.

THE POWER OF LOVE IN HEALING

"Eventually you will come to understand that love heals everything, and love is all there is." - Gary Zukav

Love is a very powerful emotion. Oxytocin, the “love hormone”, is a powerful hormone and neurotransmitter that plays a crucial role in social bonding. When we hug, touch, or even gaze into the eyes of someone we love, our brains release oxytocin. This hormone promotes feelings of contentment, reduces anxiety, and creates a sense of calm and security. This is true when we love and bond with our dog. It is healing for both you and them.

Many times dogs take on the role of being the healer within a family but in the diagnosis of cancer, we must give our unconditional love to them in return. Love can mean cuddles on the couch but it can also be conveyed through kind and uplifting words, smiles, belly and ear rubs, gentle massage and even nutritious treats like a slice of apple or a piece of lean, organic meat. What is healing for humans is also healing for animals. And, don't underestimate the power of prayer.

Love is a balanced lifestyle that includes a nutritious diet, clean drinking water, adequate and appropriate play time, healthy snacks, walks in nature, mental stimulation, and sleep.

Love is being mindful of the things that cause your dog stress and reducing those things, if not eliminating them completely.

Love is looking at them and telling them how much you love them. They can feel when love is radiating from your heart to theirs.

THE POWER OF EXERCISE IN HEALING

Every dog needs exercise for health and happiness.

Exercise helps dogs maintain a healthy weight, build muscle, and have healthy bones. It also improves their cardiovascular health by increasing blood flow and oxygenation to their heart and lungs.

Exercise helps prevent behavioral problems and keeps dogs from becoming bored and frustrated.

Exercise helps dogs pee and poop so they're less likely to get constipation or a urinary tract infection. It is important to take note of the color of their pee which should be a very light yellow to clear. And, when you get in the habit of checking your dog's stools you will note when there is a change or something doesn't look right. Your dog should poop at least 2x a day. This helps to eliminate toxins from their body.

If your dog doesn't like the sound of traffic or noise, find a nice park where you both can go for a walk. Dog's love to sniff. It is good for their brain and calms them.

If you have a smaller dog that doesn't like to walk far, find games that can be played inside. I have seen many a small dog that loves to muck about on a sofa, jump over pillows or play a game of chase and tag.

If the weather isn't suitable for a nice walk outdoors, be creative on indoor exercise whether you have a basement or playroom where they can get a cardio workout and stimulation. Or, even use small healthy treats and play hide and go seek the treat with them.

THE POWER OF SLEEP IN HEALING

Peaceful Sleep is restorative and healing.

It's a little odd to think about your dog not getting enough sleep but dog's can be deprived of REM sleep just like humans.

Some dogs are on high alert. Waiting for the mail person, listening for outdoor sounds or other dogs walking by. Even family members coming and going. And if the TV is on all day, dogs might seem like they're sleeping but they aren't getting good sleep.

In cancer, sleeping is an essential healing component.

Make sure your dog has a calm and appropriate sleeping environment in your home. If your dog runs 'hot' temperature wise, make sure their bed is not right next to the air vent if its winter and heat is coming out. Some dogs find it comforting to sleep with their favorite toy or stuffed animal.

The benefits of good sleep for your dog are: improved immune function, tissue and cell repair, inflammation and pain reduction, improved cognitive health, promotes good metabolism and other vital body functions.

Most dogs with cancer need more sleep than usual and of course, quality sleep. The amount will vary from dog to dog. Full spectrum CBD can actually help as it naturally encourages the body towards a state of healing. For the first few weeks after Bailie was diagnosed with cancer, he slept most of the day. However as he improved, his activity started to increase gradually, day-by-day. Sleep is restorative.

CANCER RESEARCH & EDUCATION

Holistic Cancer Treatment For Dogs "In treating cancer, I've found that less conventional intervention often provides better results. The body has an amazing ability to heal ... IF we provide proper support and reduce the insults." <https://www.dogsnaturallymagazine.com/holistic-cancer-treatment-for-dogs/>

Research on How Ozone Inhibits Growth of Cancer Cells:

<https://pubmed.ncbi.nlm.nih.gov/7403859/>

Oral Cancer in Dogs Research Traditional Chinese Medicine Herbs:

<https://www.mettapets.info/post/case-report-canine-oral-squamous-cell-carcinoma-managed-with-classical-chinese-herbs>

Great Book On Healthy Dog Food Recipes and Nutrition: *The Forever Dog Life* 120+Recipes by Dr. Karen Saw Becker and Rodney Habib 2024 *NY Times Best Seller Longevity Tips, & New Science for Better Bowls and Healthier Homes*

Omega 3's in Protecting Dogs Against Cancer

<https://www.dogsnaturallymagazine.com/protecting-dogs-from-cancer-omega-3/>

Lymphoma Treatment in Dogs Includes Nutritional Therapy:

<https://veterinarypartner.vin.com/default.aspx?pid=19239&id=4952076>

Case report: Resolution of malignant canine mast cell tumor using ketogenic metabolic therapy alone

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC10086349/>

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